



2025-2026 MACH 1 Fútbol Club

Frequently Asked Questions (FAQs)

Who is MACH 1 FC?

After many years of being involved in youth soccer as parents, coaches, and board members, it became evident the youth soccer game had become less about the development of the “youth” soccer player and more about results, monetary gain, and politics.

MACH 1 FC was designed create a family type “club” atmosphere that has disappeared or is non-existent in most organizations. The goal of MACH 1 FC is to develop the “Complete Player” whom embodies great character both on and off the soccer field as well as the skills and technical ability to play the game at a high level.

Where are MACH 1 FC games and practices held?

Driving time is not practice time and as such is lost time! The practice and game locations are centrally located so travel time is as minimal as possible. MACH 1 FC officially became partners at Wide World of Indoor Sports in 2022 and all winter league play and practices are held at the North Smithfield facility. We currently are the contracted facilities management company for Veteran’s Memorial Turf Athletic Field (1900 Providence Pike, North Smithfield, RI) and utilize the complex for all 9v9 and 11v11 home games and practices. We also utilize Branch River Park (Harrisville, RI) for all 4v4 and 7v7 games. With complete access to Wide World, we almost never cancel practices and games as we move to Field 3 (4v4), Field 5 (7v7) and Field 1/2 (9v9) games.

In which Leagues do MACH 1 FC teams compete?

MACH 1 FC teams have the opportunity to play in various leagues. League decisions are determined by joint effort between the Coaching Director and the team’s Head Coach with priority being the highest level of competition with the least amount of travel. All teams are positioned in very competitive divisions where players will need to work hard to achieve winning results understanding both wins and losses are valuable learning experiences and work towards developing the MACH 1 FC “Complete Player.” Currently, u9-u19 teams play in the New England Club Soccer League (NECSL), Regional Academy League or USYS National League. Our u7-u8 teams play in Rhode Island Youth SuperLiga.

Who are the coaches and are they qualified?

All MACH 1 FC Coaches are fully licensed. All coaches are required to continue professional development on a yearly basis and so as not to be a financial burden on the coaching staff MACH 1 FC absorbs all costs of their development. MACH 1 FC also carries at least one licensed Assistant Coach for every team, and we utilize these roles to mentor coaching staff and to ensure continuity if the Head Coach is unavailable.

Is there a coach assigned to each team or does the coach share teams?

“One Coach – One Team” – MACH 1 FC Head Coaches are typically assigned to only one team. With this arrangement, the Head Coach will have complete attention to the development of his/her one team. There are of course situations where a coach may have to fill in for other coaches due to illness, professional development, or league meetings.

How will you handle the split 2011 age group (8th graders and 9th graders)?

High School age players will typically be playing for their school teams in the fall, that should be their priority, and so the 9th grade 2011 players will not be required to have practices or league play until after the High School soccer season concludes. The 8th grade MACH 1 2011 players will practice and play during the fall season and the full 2011 teams will be constituted after the High School season concludes.

What are the levels of MACH 1 FC teams?

MACH 1 FC is neither exclusively a single age group nor dual age group club. In keeping with the theme of speed with MACH 1 being the speed of sound, we operate three levels of teams:

Elite (the highest-level teams in an age group, not all age groups have Elite teams)

Hypersonic (8x the speed of sound – highest level team if no Elite team)

Supersonic (3x the speed of sound – second teams).

Elite and Hypersonic Teams are the highest-level teams within MACH 1 FC. These teams are typically dual-age group teams for the U12, U14, and U16 divisions. The Coaching Director and Head Coaches select players based upon player attitude, development, ability, and exemplify the qualities of the MACH 1 “Complete Player.” The Elite and Hypersonic team assignments are a privilege and team assignments may be adjusted at any time if attendance or performance is compromised. The Single age group SuperSonic teams are the feeder teams.

Supersonic Teams are typically single-age group teams from U7-U16.

Junior Premier and FUTURES teams are those U5-U8 teams learning the love of the game and beginning their development towards the MACH 1 FC “Complete Player!”

What are MACH 1 FC team’s roster size?

MACH 1 FC understands the value of playing time and keeps team roster sizes at a number to ensure proper player development. Our typical rosters sizes are as follows: 7v7 roster size will be between 10 and 11 players, 9v9 roster size will be between 12-13 players, and 11v11 roster size will be between 14 and 16 players.

What tournaments are included in the yearly tuition?

MACH 1 FC believes tournament decisions should be made on a team-by-team basis and not the “all teams go to the same tournament” philosophy. All MACH 1 FC teams have a “Tournament Budget” whereas the Head Coach and the Director of Coaching in conjunction with team parents can determine the most developmentally appropriate Tournaments for their specific team. Tournaments should be utilized as a team building event and as such, the typical playing year will usually include 3-4 tournaments per team.

Communication is important. How are parents kept informed?

MACH 1 FC believes that to effectively operate an organization it is important that the Club establish communication procedures that best support the efficiency of the organization while retaining the personal touch that our members deserve.

MACH 1 FC holds a club-wide subscription to TeamSnap. TeamSnap is a very valuable team communication and management system, which allows for club communication, team communication, scheduling, and many other features that ensure a well-organized and informed club! <http://teamsnap.com>

Note: This document will be available on the mach1fc.com website and will be updated frequently. (Revision 2025-03)